

# QUOTES, QUIBBLE, QUESTION

33<sup>rd</sup> EDITION

FROM  
THE  
COACHING  
GUY

## WELCOME

This week is focused on finding our own path to tread

We often find ourselves at a crossroads, pondering the question, “is it better to follow the path laid down by those who came before us, or should we dare to venture into the uncharted territory of the unknown?”

This dilemma gains new resonance in today's hyper-connected world, where social media platforms serve as virtual highways, littered with signposts pointing towards supposed success, wealth, and fulfilment.

## QUOTES

"Two roads diverged in a wood, and I— I took the one less traveled by, And that has made all the difference." - [Robert Frost](#)

"Do not follow where the path may lead. Go instead where there is no path and leave a trail." - [Ralph Waldo Emerson](#)

"The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle." - [Steve Jobs](#)

"The biggest adventure you can take is to live the life of your dreams." - [Oprah Winfrey](#)

# Q U I B B L E

It's all too easy to get swept up in the whirlwind of trends, influencers, and "hacks" promising to unlock the secrets to a perfect life. We scroll through feeds saturated with images of lavish lifestyles, goals, and overnight success stories, and it's no wonder we feel compelled to emulate what appears to be working for others. After all, who doesn't want to fast-track their way to prosperity and happiness?

But amidst the voices clamouring for our attention, we must pause and reflect; is the path already trodden by someone else truly the path we're meant to follow? Or does the true essence of our journey lie in the uncharted terrain waiting to be explored, where our individuality, creativity, and authenticity can flourish?

Here's the quibble, while there's undeniable value in learning from the experiences of those who've walked before us, blindly conforming to the status quo can stifle our growth and rob us of the opportunity to carve out our own unique legacy. Success, in its purest form, isn't a one-size-fits-all formula but rather a deeply personal journey defined by our values, passions, and aspirations. It's about embracing our differences, honoring our intuition, and fearlessly charting a course that resonates with each of us individually.

# Q U E S T I O N

I leave you with a question to ponder.

**In a world inundated with blueprints for success, will you dare to chart your own course, guided by the compass of your heart and the light of your soul?**

So, how do we navigate the choices and influences swirling around us? Here are a few recommendations:

- Invest in a Coach
- Cultivate self-awareness
- Seek inspiration, not imitation
- Embrace failure as growth
- Stay true to your values

Curious how I can help you? Then book a free consultation, link in my bio. Or if you like my content and want this sent straight to your inbox every Monday, subscribe to my newsletter.

# T H A N K S

For reading this week's newsletter.

If you have other subjects that you would like to hear about, drop me an email at [matt@thecoachingguy.co.uk](mailto:matt@thecoachingguy.co.uk)