

QUOTES, QUIBBLE, QUESTION

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This week is focused on those people who get in your way...

In life, some seem to march to the beat of their drum, often oblivious to the rhythm of the world around them. These individuals, whether by intent or circumstance, become the stumbling blocks in the chain of progress, hindering the flow of life's momentum. They are the ones who perpetually arrive late, causing delays; the ones who speak without listening, causing misunderstandings; those who resist change, causing stagnation.

Their actions, however unintentional, create ripples that affect the collective journey of humanity. They slow down the pace, disrupt harmony, and impede the natural evolution of society. It is as if they are standing in a busy intersection, oblivious to the traffic they're holding back.

Q U O T E S

"Freedom is the oxygen of the soul." - [Moshe Dayan](#)

"Freedom lies in being bold." - [Robert Frost](#)

"Don't let someone be a priority in your life when you are just an option in theirs." - [Maya Angelou](#)

"Your time is limited, don't waste it living someone else's life." - [Steve Jobs](#)

Q U I B B L E

In the drive for progress, there is a delicate balance between structure and spontaneity, between order and chaos. On one hand, the structure provides the framework within which ideas can flourish and plans can be executed with precision. It is the backbone of productivity, guiding us along the path towards our goals and ensuring that we stay on track. But on the other hand, there are those individuals who seem to have a knack for disrupting the flow, slowing down the momentum of progress with their agendas and distractions.

These individuals, whether by intention or circumstance, act as stumbling blocks in the journey towards efficiency and innovation. They are the ones who constantly derail meetings with tangential discussions, the ones who procrastinate on deadlines, and the ones who resist change at every turn. Their presence injects an element of unpredictability into the structured rhythm of work, often leaving others feeling frustrated and exasperated.

Yet, amidst the chaos they bring, there is a recognition of their humanity. They are not malicious saboteurs, but rather individuals with their struggles and challenges. Perhaps they lack clarity in their roles, or maybe they are grappling with personal issues that spill over into the professional realm. Regardless of the underlying reasons, their presence serves as a reminder that progress is not always linear and that the journey toward success is often fraught with detours and obstacles.

So how do we navigate this quagmire of structure and disruption? How do we strike a balance between the need for order and the inevitability of chaos? It requires a delicate dance of empathy and assertiveness, of setting boundaries while also extending a helping hand. It's about fostering a culture of accountability and collaboration, where individuals feel empowered to voice their concerns and address issues head-on.

Ultimately, progress is not just about moving forward at breakneck speed, but also about fostering an environment where everyone can contribute their best selves. It is about recognizing that the journey towards success is not a straight line, but rather a winding path filled with twists and turns. And in navigating this path, we must embrace both the structure that guides us and the people who remind us of our shared humanity.

Q U E S T I O N

How do we navigate the intricacies of personal liberties without infringing upon the rights and freedoms of others?

This question beckons us to reflect on the dynamics of freedom and responsibility in our interconnected world, urging us to seek solutions that foster both personal autonomy and communal harmony. So, as we confront the blockers in our midst, let us not only strive for our freedom but also endeavours to uphold the freedoms of those around us, ensuring that the chain of life moves forward unimpeded.

T H A N K S

For reading this week's newsletter.

If you have other subjects that you would like to hear about, drop me an email at matt@thecoachingguy.co.uk